Successful Aging Across the Lifespan

KEYNOTE SPEAKERS INCLUDE:

Daniel Marson, JD, PhD
Director, Alzheimer’s Disease Research Center
and Director, Division of Neuropsychology
University of Alabama at Birmingham

Toni Miles, MD, PhD
Director, Institute of Gerontology
University of Georgia

Patricia Parmelee, PhD
Director, Center for Mental Health & Aging
The University of Alabama

Thursday, May 15, 2014
Welcome Reception at Capstone Village

Friday, May 16, 2014
Bryant Conference Center

Hosted by:
The University of Alabama
College of Continuing Studies &
The Center for Mental Health & Aging
ABOUT THE PROGRAM

Getting older is not an event – there is no “magic age” at which we become old. Rather, aging is a process that occurs across the lifespan and affects every aspect of our lives. As the “graying of America” continues, it becomes more and more important to plan for later life, not only for our older relatives but for ourselves as well.

This one-day conference will explore key issues facing older adults and their families as they plan for a long and healthy life. Geared toward a wide audience, the conference should appeal to practitioners, service providers in all fields, academics interested in aging and older adults, and to any individuals who want to learn more about how to plan for the “good life” as they and their family members grow older. An outstanding group of experts will address a range of topics, including:

- Strategies for staying healthy and keeping fit
- Planning for the future and navigating difficult healthcare and financial decisions
- Making decisions about older adults’ ability to continue managing financial matters
- Environmental modifications and tips for aging in place no matter where one lives
- Coping with Alzheimer’s disease from both the patient’s and the caregiver’s perspective

PROGRAM AGENDA

Thursday, May 15, 2014
Capstone Village

5:00 p.m.  Welcome Reception and Tour of Capstone Village
Hosted by Coach C.M. Newton with an Introduction by Dean Rebecca Pow

Friday, May 16, 2014
Bryant Conference Center

7:30 a.m.  Registration, Exhibits, & Continental Breakfast

8:00 a.m. - 9:00 a.m.  Opening Session
Dr. Patricia Parmelee, Chair

9:00 a.m. - 10:00 a.m.  Plenary Speaker
Dr. Daniel Marson

10:00 a.m. - 10:15 a.m.  Break & Exhibits

10:15 a.m. - 11:45 a.m.  First Round Workshops
Aging Starts atBirth Panel
Moderator, Dr. JoAnn Oliver
Dr. Rebecca Allen, Dr. Regina Harrell, Dr. Ann Mahaney-Price, Dr. Lucinda Roff
Alzheimer’s/Dementia
Carmelita Karhoff, Dr. Daniel Potts
Healthy Lifestyles
Dr. Andrew Duxbury, Dr. Amy Ellis, Carol Kutik
Aging in Place
Dr. David Hutchings

11:45 a.m. - Noon  Break & Lunch Transition

Noon - 1:00 p.m.  Keynote speaker
Dr. Toni Miles

1:00 p.m. - 1:30 p.m.  Break & Exhibits

1:30 p.m. - 3:00 p.m.  Workshops Repeated
Aging Starts at Birth
Alzheimer’s/Dementia
Healthy Lifestyles
Aging in Place

3:00 p.m. - 3:15 p.m.  Break

3:15 p.m. - 4:30 p.m.  “Celebrating Successful Aging” Celebration

4:30 p.m.  Adjourn

Keynote Speakers

Daniel Marson, JD, PhD
Director, Alzheimer’s Disease Research Center and Director, Division of Neuropsychology
University of Alabama at Birmingham

Toni Miles, MD, PhD
Director, Institute of Gerontology
University of Georgia

Patricia Parmelee, PhD
Director, Center for Mental Health & Aging
The University of Alabama
GENERAL INFORMATION

REGISTRATION
The registration fee for the seminar is $199 per person. It covers the cost of instruction, continental breakfast, lunch, and the Welcome Reception that will be held at Capstone Village prior to the conference on Thursday, May 15, 2014. If you are interested in attending the Welcome Reception ONLY, the cost per person is $40, which requires a separate registration.

A fee discount of 10% is available to organizations registering three or more to a single event. Please submit group registrations simultaneously for the discounted fee to apply.

A special student rate of $99 is available (not including Welcome Reception). Be sure to include educational institution and expected graduation date on registration panel.

Pre-registration is encouraged. Participants registering less than five working days prior to the program date should register by phone to ensure confirmation of registration.

Treasury regulations may permit an income tax deduction for educational expenses (registration fees, travel, meals and lodging) undertaken to maintain or improve professional skills.

CANCELLATIONS AND REFUNDS
If registration cancellation is necessary, a full refund may be granted up to May 1, 2014. After that date, an administrative fee equal to 25% of the registration fee will be charged against the refund. Refunds cannot be made after the program has begun, but a substitute participant may be designated.

The University of Alabama reserves the right to cancel, postpone or combine class sections; to limit registration; or to change instructors. Any money-back guarantee offered on specific programs does not necessarily apply to other programs of The University of Alabama College of Continuing Studies.

CONTINUING EDUCATION CERTIFICATES
The Aging Successfully Conference is tentatively valued at 5.5 contact hours for full attendance. Certificates are available for $10 per certificate. To request a continuing education certificate, please select the option during registration. Certificates will be awarded at the end of the program based on a full day's attendance. Partial credit will not be issued, and certificates will not be awarded early. Psychology and CME credit will be awarded by session, and certificates will be mailed after the conference.

PROFESSIONAL APPROVALS
This conference has been planned to meet the various requirements for professional development contact hours of the following organizations. Please visit our website to view the status of professional approval application results (agingsuccessfully.ua.edu).

Approval has been requested from the following organizations:
- Alabama Board of Examiners in Counseling
- Alabama Board of Examiners for Speech-Language Pathology and Audiology
- Alabama Board of Nursing (Provider #ABNP0222)
- Alabama State Board of Occupational Therapy
- Alabama State Board of Social Work Examiners (Provider # 0290)
- Alabama State Nurses Association (ASNA) (Provider #S-58.0)
- American Psychological Association
- American Speech-Language-Hearing Association (ASHA)
- National Board of Certified Counselors (Provider #3000)
- Continuing Medical Education
- Speech and Hearing Association

ADDITIONAL INFORMATION
For more information, contact Professional Development and Conference Services, phone: 205-348-6222 or email: learnmore@ccs.ua.edu

Thank you to our sponsors - more to come:

The Jefferson County Council on Aging, Inc. - Jefferson County Ombudsman Program

One percent of the registration fee goes to the Capstone Lifelong Learning Society Foundation to cover its share of the cost of the Conference.
REGISTRATION FORM  Brochure ID: 07114

Individual Registration Required:

[ ] May 15, 2014
Welcome Reception, Capstone Village
PROGRAM #02-502-14
$40

[ ] Additional Guest
$40

[ ] May 16, 2014
Aging Successfully Conference, Bryant Conference Center
PROGRAM #02-071-14
*Includes Admission to Welcome Reception
$199 Standard Registration Fee

[ ] $99 Student Registration Fee (Conference ONLY)
Institution: _______________________________________________________
Anticipated Graduation Date: _________________________________

[ ] CEU Certificate:
Add $10

[ ] Enclosed is a check in the total amount of $__________________
made payable to THE UNIVERSITY OF ALABAMA.

[ ] Charge $__________________ to my credit card:
[ ] Personal [ ] Business
[ ] MasterCard [ ] VISA [ ] Discover [ ] American Express

Card # ________________________________ Exp.Date ________________

Authorizing Signature __________________________________________

Note: The University of Alabama is committed to complying with the Americans with Disabilities Act. Please make your request for accommodations at least 30 calendar days in advance of program date by stating it here.

__________________________________________________________________
__________________________________________________________________

FOUR CONVENIENT WAYS TO REGISTER

Mail form and fee to:
Registration Services
College of Continuing Studies
Box 870388
Tuscaloosa, AL 35487-0388

Register by Phone:
205-348-3000
1-866-432-2015
http://training.ccs.ua.edu

Register by Fax: 205-348-6614

FAX or phone-in registrations must have credit card number and information.